

Late Vasantrao Kolhatkar Arts College Rohana

FORMATION OF HEALTH CLUB

‘Health for All’ is the prime concern of our institution. To create health concerned atmosphere among its stakeholders, staff in general and students in particular is the source to feel the need of Health Club in the institution.

Health Club in college would focus on the overall well-being, comprising physical, emotional, and social and the mental health of all stakeholders. An important dimension is that of experience and development of health skills and physique through practical engagement with play, exercise and practices of personal and community hygiene.

The constitution of the Health Club for the session 2018-019 is as follows.

Convener	-	Dr. N. A. Mathankar (Principal)
Coordinator	-	Ku. Mamta R. Sahu
Members	-	Ku. Mayuri G.Ladhe

Objectives –

1. To inculcate habit of healthy and positive ways of living.
2. To promote healthy life style via environmental health education and campaigns.
3. To conduct the surveys on health related concerns.
4. To arrange guest lecture, workshop on various health concerned issues and diseases prevailing in the society.
5. To organize health fairs and immunization project.
6. To tap the local resources in the community to arrange health talks.
7. To render service in any area affected by a disaster or a calamity.
8. To clarify misconceptions regarding sexual and reproductive health.
9. Celebrations of important days. (World Health Day-07 April, World No Tobacco Day-31 May, World Aids Day-01 December etc.)